

# DAILY ACTIVITIES & MORE



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# LOWER ROOM: BABIES AND TODDLERS (AGES 0-2)

Our youngest children start out in the self-contained Lower Room. Separated from the areas for older children, the unit is designed to provide a secure, stimulating environment where your little one can express their curiosity and learn through play.

We carefully choose the best equipment for each stage of development, crafting a space where the children can explore and grow. From rolling to crawling, sitting to standing and right through to walking, our staff support your child's physical development by gently guiding them to engage with toys and activities that will help them to progress.

Our under 2s curriculum is tailored to the way children learn best at this age - through play! The home-from-home atmosphere we have created in the Lower Room offers plenty of opportunity for supervised independent exploration, construction and imaginative play, while social development is supported with more organised sessions of group time.

Sensory input is an important part of children's development, and unsurprisingly one of the most popular activities among our 0-2s is messy play. We love it too, and provide lots of chances for them to laugh while they learn in a hands-on way by getting stuck in to some squishy spaghetti, slimy angel delight or colourful paint. Don't worry; we promise we'll clean them up before we send them home with you!

Communication is key, and our team is trained to interact with each individual child in ways they understand. Facial expressions and gesture are emphasised alongside verbal conversation, and language development is reinforced via fun singing, dancing and drawing activities. With the support of our skilled and experienced staff, your child will benefit from a varied curriculum of learning, fun and plenty of hugs.





## **UPPER ROOM: EARLY LEARNERS (AGES 2-3)**

When they're ready to graduate, children enter a new environment at Upper Room with a huge variety of play equipment, resources and activities on hand to support their ever-changing and blossoming skills and personalities.

We encourage the children to start to develop independence at this age, with plenty of focus on making choices and peer interaction. Their confidence is bolstered by free exploration within clear and consistent boundaries, allowing them to feel a sense of control over their own day. We teach patience and empathy, and guide children to interact with each other in positive and encouraging ways.

The design of the Upper Room involves lots of colours, letters, sizes and shapes, providing a visually stimulating, immersive environment where learning is always in the background. We regularly change the apparatus and play equipment on offer to provide variety, with areas for role play and dressing up, a home corner and lots of floor play and construction toys to aid in the development of fine motor skills.

The limitless creativity of this age group is nurtured with daily art activities including early writing and mark-making, and their natural love of music and movement provides an excellent vehicle for sensory input, social skills and confidence using both large and small equipment.



## **UPPER ROOM: PRESCHOOL (AGES 3-5)**

Children aged 3-5 are accommodated in the Upper Room alongside their younger friends, but have a separate room leader and follow a more structured curriculum designed to give them a head start in their learning and ensure they're well prepared to move on to 'big school' when they graduate.

Individual progress and learning outcomes are closely monitored, with more focus on mark-making and writing as well as the introduction of computers and ICT software. Musical instruments, role play and imagination still play an important part in the learning of our pre-schoolers too, and PE sessions are introduced to help build confidence in physical abilities and reinforce the importance of participation and team work.

The children follow a clear and consistent daily routine designed to promote further development of their independence. They are supported to engage in daily self-care activities like tooth brushing and dressing/undressing for PE, and also take turns being responsible for the wider group in roles such as snack monitor.

Your pre-schooler's progress will be closely monitored and recorded by their key worker, who will make sure that their achievements are recognised and celebrated.

A written assessment record will be produced and follow your child on to your chosen school, providing proof of their amazing progress so far and a great foundation for their continued learning in years to come.

# SOCIAL AND CULTURAL ENRICHMENT

Routine is important to children, and our diverse and engaging curriculum is planned out carefully by our skilled practitioners.

Beyond the daily agenda, though, we love to provide additional opportunities for your child to have new experiences, learn new skills and develop a real sense of community with the friends they make at nursery.

Our monthly events calendar provides fun ways to mark national and international awareness days, recognises a variety of important cultural and religious dates and features plenty of extra special experiences 'just because'. We encourage parents to get involved in our programme of activities when they're able, and are passionate about the important contribution that families make to developing and growing our nursery's unique blended culture.

Events range from visits out to carefully selected locations in the community to special guest educators and entertainers; from fun theme days to more structured updates like parents' evenings. Our sports days celebrate physical achievement and team work, encourage gentle competition and aid in the development of important social skills.

We host fun collaborative events like carol concerts which build confidence, as well as graduation parties to encourage the children to be proud of their individual achievements.

All of our events are designed to stimulate the children's brains, provide exposure to new perspectives and enhance their personal and emotional growth as well as their learning.



# CLOSE TO NATURE

Getting out into the fresh air makes a huge difference to everyone's mood, and children are no different. The sense of freedom that comes with outside play lends itself to running, jumping and skipping, all joyful activities which help to cement positive associations between fun and living an active, healthy lifestyle.

Our safe and secure playground is designed to provide sensory stimulation and opportunities to develop gross motor skills, a place to twirl and laugh and become confident in the great outdoors. From sand pits to hula hoops and from bikes to trikes, outside play equipment provides endless opportunities to develop and refine physical skills.

Activities change seasonally, with learning outcomes and resources carefully planned to take advantage of the good weather in the spring and summer. The experience of planting and growing their own vegetables and herbs then eating them together on a sunny day is one which never fails to inspire a profound sense of wonder in our children. We hope that the opportunities we provide will foster a life-long love of nature that will continue to enhance their wellbeing in years to come.



# OUR PARTNERSHIP WITH PARENTS

Nobody knows your child better than you do, and we know how hard it is to hand them over to somebody else's care. That's why it's so important to us that you have total confidence that while your child is here they are being nurtured, protected and empowered to the high standards you rightly expect.

Every child at the nursery is allocated their own personal Key Worker, who is there to support them and you through the settling-in process and on into their individual learning journey. As well as helping them get oriented to and comfortable in their new environment during the early days, your child's Key Worker will monitor and regularly update you on their progress on an ongoing basis as they continue to grow, learn and explore.

It isn't a one way conversation, either - your Key Worker is here to answer any questions you have, provide advice and talk about anything that's concerning you. We strongly encourage you to share with them the progress that your child makes at home so that they can reinforce new skills and help to enhance the learning that children are doing every minute of every day at this crucial age.

The close bond our Key Workers share with parents means that they remain fully informed, updated and can be secure in the knowledge that someone is keeping a watchful eye on their precious little one while they're away from home. Your Key Worker will work in collaboration with you to help your child fulfil their potential. Parents are able to monitor their child's progress via an online App to see what they've been doing during the day and can communicate directly with the nursery to let us know about any special events at home.



# SECURITY



We understand that security and safety are of paramount importance, and have robust measures in place to ensure your child's safety.



CCTV cameras are in place all around the site and record throughout the day.



All staff must have a DBS certificate and be part of the DBS Update Service so that we can check that their certificates are current on a regular basis.



Our front door is secured with fob entry, and the entrance to each room has a coded lock.



We have a secure process for staff to follow if someone new is collecting a child for the first time, and they will not let the child leave until all checks are complete.